

Ab Estatis Foribus, for 8 or (ideally) 16 voices, was commissioned by The Sydney Chamber Choir and its conductor, Nicholas Routley, with financial assistance from the Music Board of the Australia Council.

The first performance was given at Pearl Beach, New South Wales, in 1980.

The central song, a later addition to the original set of four, was commissioned by Charles Colman for The Song Company (Sydney).

All except the fourth song - Hymnus ante Somnum - are settings of 13th century lyrics from the Benedictbeuern manuscript.

Duration: about 12 minutes